

Lauren Andella PT, DPT

Physical Therapist



Lauren has been a Physical Therapist since 2018, working in both outpatient pediatric settings and inpatient adult rehabilitation settings. She completed a clinical affiliation at Exeter Hospital, and was very excited when the opportunity arose for her to return! She enjoys teaching, and assists with Franklin Pierce University's Pediatric and Neurological courses for second year Physical Therapy students as a lab assistant. In her spare time, she enjoys being at the beach, exercising, and spending time with her fiancé, family, and puppy.

Education: University of Massachusetts at Lowell- Bachelors of Science; 2015

Franklin Pierce University- Doctorate of Physical Therapy; 2018

Location: Plaistow Regional Health Center
127 Plaistow Road
Plaistow, NH 03865

Specialties: Neurological-based rehabilitation
Torticollis management
Cerebral palsy
Traumatic brain injuries
Complex medical condition rehabilitation
Gross motor delays in infants and toddlers
Equipment management and recommendations