

# Libby Sullivan, OTR/L

Occupational Therapist



Libby knew she wanted to be an occupational therapist since the age of 8. Her brother, diagnosed with Autism Spectrum Disorder, saw an occupational therapist to help him develop his sensory processing skills. Libby began her career working in early intervention, where she developed skills in feeding, sensory processing, handling, and infant/toddler yoga. In 2018, she joined the Pediatric Rehabilitation Team at Exeter Hospital. Libby is committed to collaborating with the whole family and child to create a treatment program that will maximize outcomes and enhance quality of life. Outside of the clinic, you can find Libby teaching and practicing yoga and pilates at Blaze in Portsmouth, listening to k-pop, and hiking with her pup all around New Hampshire.

Education	University of New Hampshire, M.S. Occupational Therapy, 2013
Location	Pediatric Rehabilitation at the Epping Regional Health Center 212 Calef Highway, Epping, NH 03042
Specialties	Picky Eaters vs. Problem Feeders, the SOS approach to feeding Child Light Yoga Certified American Sign Language Handwriting Without Tears Sensory Processing Disorder Kinesiology Taping for Pediatrics Zones of Regulation® MNRI® Archetype Movements for Reflex Integration Trauma Informed Care NBCOT Certified