

Parents and Crawler/Toddler Group

2020 Schedule

The Family Center's Parent and Crawler/Toddler Group meets every Monday of every month from 9:30 AM – 10:45 AM in the Family Center Conference Room located on the 3rd floor of the hospital.

The groups are FREE and no registration is necessary. Children from 9 months to 30 months are welcome to attend.

For more information please call the Information & Referral Center at 580-6668.



Are you finding your crawler and/or toddler endearing, yet very challenging to parent? Would you like to survive and enjoy this special stage of childhood? If so, come join the Parent and Crawler/Toddler Group that meets on Mondays from 9:30-10:45am in the Family Center Conference room. Led by a Family Center nurse, who is also an experienced parent, the session includes a scheduled topic with time for discussion, questions, and socialization for both you and your crawler/toddler (ages 9 months through 30 months).

Winter/Spring 2020

- Jan 6: Chocking Toddler: Prevention and Intervention
- Jan 13: Toddler Tantrums, biting, and Aggression
- Jan 20: Strategies to Chase the Winter Blues Away
- Jan 27: Feeding Picky Eaters
- Feb 3: Fun, Interactive Music Session with Local Violinist
- Feb 10: Story Time with Animal Puppets
- Feb 17: Let's Make Music, Dance, and Move
- Feb 24: Let's Discuss the AAP's Recommendations About Screen Time and Technology
- Mar 2: Normal Childhood Fears
- Mar 9: Grandparents: What To Do When Their Philosophy Differs From Yours
- Mar 16: Sleep Q & A
- Mar 23: Topics of Your Choice and Lots of Time for Socialization and Play
- Apr 6: Promoting Your Toddler's Physical Development
- Apr 13: Promoting Your Toddler's Fine Motor Skills for School Readiness and Sensory
- Apr 20: Interactive Toddler Storytime
- Apr 27: Toddler Language Development
- May 4: Toddler Feeding and Nutrition Tips
- May 11: Balancing the Demands of Motherhood
- May 18: Summer Safety: Sun Screens, Bug Repellents, and Toddlers Around Water

**In case of inclement weather, groups will be cancelled if school is cancelled for SAU 16. When in doubt, please call 580-6668.*