Brittany St. Martin, DPT

Physical Therapist



Brittany has been working in outpatient orthopedics since she received her Doctorate degree in Physical Therapy from the University of Vermont in 2013. Brittany is trained in Integrative Dry Needling and has completed continuing education in manual therapy. She is a Kripalu Yoga Teacher and uses mindfulness based approaches combined with pain science to help people change their relationship to their pain. Outside of the clinic, she enjoys practicing yoga, traveling, surfing, SCUBA diving, running, and skiing.

EducationUVM 2011 – Bachelors of Science in Exercise and Movement Science
UVM 2013 – Doctorate of Physical TherapySpecialtiesIntegrative dry needling
Orthopedic rehabilitation
Pre/post-surgical rehabilitation