



Rockingham VNA and Hospice Community Diabetes Support Groups

Learn more about diabetes. Each session will discuss the different aspects and challenges of living with diabetes and what you need to know to manage your diabetes.

Place:	SALEM SENIOR CENTER 1 Sally Sweet Way, Salem, NH 03079 3rd Tuesday of the Month 10:30 a.m. – 11:30 a.m.
Place:	SQUAMSCOTT SENIOR HOUSING 277 Water St., Exeter, NH 03833 3rd Monday of the Month 11:00 a.m. – 12:00 Noon
Place:	SEABROOK RECREATION CENTER 311 Lafayette Road, Seabrook, NH 03874 4th Monday of the Month 12 – 12:30 p.m.
Place:	LONDONDERRY SENIOR CENTER 353 Mammoth Road, Londonderry, NH 03053 3rd Friday of the Month 10:00 a.m. – 11:00 a.m.

For more information call Rockingham VNA and Hospice at 1-800-540-2981.