

Light refreshments will be served. The presentations are free but registration is required. Please call 603-580-6668 to register.

EXERCISE DURING AND AFTER CANCER TREATMENT



Nancy Potter, MSPT

Thursday, October 17, 6:00 - 7:00 pm, **Exeter Hospital Conference Rooms 1 & 2 North**

During and after cancer treatment, you may experience physical changes as a result of your surgery or treatment protocol. We will discuss how physical activity can make a difference in your quality of life, including survival benefits, during and after treatment. We will demonstrate ways to manage lymphedema, radiation fibrosis and long term side effects associated with chemotherapy.

Presented by: Nancy Potter, MSPT, Lead Therapist for Oncology Rehabilitation, Exeter Hospital Outpatient Rehabilitation & Laurie Jewett-Kennedy, survivor and exercise advocate

Sexual Health Changes in Men with Cancer



E. William Johnson. MD, MPH



Gary Proulx, MD

Wednesday, November 20, 6:00 - 7:00 pm, **Exeter Hospital Conference Room 3 North**

We will discuss changes in sexual function as a result of cancer treatments such as surgery, radiation treatment, chemotherapy or hormonal therapy. We will also review available treatment or health management options.

Presented by: E. William Johnson, MD, MPH, of Core Urology and Gary Proulx, MD, Medical Director for Radiation Oncology at Exeter Hospital's Center for Cancer Care. Oncology Social Worker **Madeline** Coons, who has a Master of Sexuality Education, will also be available to help answer questions about body image and intimacy concerns for patients and their partners as a result of cancer or its treatment.



an exeter health resource The Art of Wellness

exeterhospital.com/cancer 5 Alumni Drive, Exeter, NH 03833