

Monthly Afternoon
Drop-In Grief Support Group

To be held: The 2nd Monday of Every Month
(This is an ongoing group held 1x a month)

Time: 2:00pm-3:30pm

Location: Epping Regional Health Center, 212 Calef
Hwy, Epping, NH 03042

Please wear mask for entry into building. The drop-in grief support group is for those interested in exploring the grieving process in a safe, supportive environment.

Sessions are free, **no registration is needed and participants are not expected to make an ongoing commitment to attend.**