

Parents and Crawler/Toddler Group

2018 Schedule

The Family Center's Parent and Crawler/Toddler Group meets every Monday of every month from 9:30 AM – 10:45 AM in the Family Center Conference Room located on the 3rd floor of the hospital.

The groups are FREE and no registration is necessary. Children from 9 months to 30 months are welcome to attend.

For more information please call the Information & Referral Center at 580-6668.



Are you finding your crawler and/or toddler endearing, yet very challenging to parent? Would you like to survive and enjoy this special stage of childhood? If so, come join the Parent and Crawler/Toddler Group that meets on Mondays from 9:30-10:45am in the Family Center Conference room. Led by a Family Center nurse, who is also an experienced parent, the session includes a scheduled topic with time for discussion, questions, and socialization for both you and your crawler/toddler (ages 9 months through 30 months).

Winter / Spring 2018

Jan 8 th	Grandparents: A Mixed Blessing?
Jan 15 th	Want Healthier Kids, Get a Pet: Pros and Cons
Jan 22 nd	Fun, Interactive "Gym Heroes" Program
Jan 29 th	Ms. Terry Taylor and Her Music Class for Toddlers!
Feb 5 th	Your Toddler's Sleep Both at Night and Naptime
Feb 12 th	Keeping the Romance Alive After Kids
Feb 19 th	Strategies and Fun Activities to Chase Winter Blues Away
Feb 26 th	Reading to Your Toddler by Sara Arnold
Mar 5 th	Gross Motor Developmental Milestones in Toddlers and Red Flags
Mar 12 th	AAP's New Recommendations About Screen Time
Mar 19 th	Discussion on Language Development and Red Flags
Mar 26 th	Hayley Van-Gils Will Read to the Toddlers Using Some of Her Puppets!
Apr 2 nd	The Picky Eater and Other Toddler Nutrition Issues
Apr 9 th	Caring For Your Toddlers Teeth
Apr 16 th	How to Promote Fine Motor Development in our Toddlers and Sensory Issues
Apr 23 rd	Summer Safety: Sun Screens, Bug Repellents, and Toddlers Around Water
Apr 30 th	Is My Toddler To Use The Potty?
May 7 th	Expectations vs. Realities: Balancing Motherhood and Self
May 14 th	Limit Setting and Toddler Discipline
May 21 st	Fun Summer Activities for Toddlers Around the Seacoast

**In case of inclement weather, groups will be cancelled if school is cancelled for SAU 16. When in doubt, please call 580-6668.*