

Michelle Desjardins, MS, OTR/L, CBIS

Occupational Therapist



Over the past 16 years, Michelle has worked in a variety of Pediatric Occupational Therapy settings including inpatient, outpatient, psychiatric, public school, and private school-based practice. She joined our clinic in the winter of 2018. Michelle has attended many continuing education classes to expand her skills in the areas of Sensory Integration, Pediatric Upper Extremity/Hand Rehabilitation, and Trauma-Informed Care. She has worked as an OT Adjunct Clinical Professor at the University of New England and is currently an OT Adjunct Clinical Professor at the University of New Hampshire. She is always willing to mentor OT students. Michelle truly enjoys working as a member of our Pediatric Rehabilitation team as her ultimate goal is to maximize a child's level of functional independence thru ADL, play, and productive-based occupations, while using a family-centered and trauma-sensitive approach. In her spare time, Michelle enjoys travelling with her husband and two daughters.

Education: University of New England, BS Health Sciences-Occupational Therapy, 2003
University of New England, MS in Occupational Therapy, 2004

Location: Pediatric Rehabilitation at the Epping Regional Health Center
212 Calef Highway, Epping, NH 03042

Specialties: USC/WPS Ayres Sensory Integration® Certified
Certified Brain Injury Specialist, Brain Injury Association of America
Sensory Modulation/Trauma-Informed Care
Pediatric Upper Extremity Orthotics and Prosthetics
Brachial Plexus Injuries
The Zones of Regulation®
Feeding-AEIOU Approach®

Graston Technique® Certified
Pediatric Kinesiotaping Certified
MNRI® Archetype Movements for Reflex Integration
Aquatic Therapy
Trauma-Informed Yoga for Children-Child Light Yoga
Certified AOTA Fieldwork Educator
NBCOT Certified