

# Christopher Dube DPT

Physical Therapist



Chris treats patients of all ages, and his areas of expertise primarily include outpatient orthopedics and post-surgical rehabilitation. His practice methods consist of manual therapy and exercise. Some of these manual techniques include joint mobilizations, myofascial release, strain-counter strain, mobilizations with movement, and instrument assisted soft tissue manipulation. Chris enjoys being active outside of work. He enjoys golfing and playing basketball in his free time.

Education            Doctorate of Physical Therapy from Quinnipiac University

Specialties:        Outpatient orthopedics  
                          Return to sport  
                          Golf rehab