

Janine DeBaets DPT, OCS

Physical Therapist



Janine received her Doctorate degree of Physical Therapy from the University of Buffalo in 2005. After graduation, she completed orthopedic residency program at MGH Institute of Health Professions and became APTA board Certified Orthopedic Clinical Specialist. She is also an adjunct faculty member at Plymouth State University. Janine is passionate about the mentoring and education of the next generation of clinicians and elevating the level of clinical practice by using current evidence based treatments. She has particular interests in orthopedic injuries and manual therapy; and believes in providing individualized patient care. Her treatment approach involves active patient participation and education, combined with sound functional therapeutic exercises and integrative manual techniques designed to return patients to normal functioning of daily activities and sport specific tasks.

Education	University of Buffalo, DPT, Physical Therapy, 2005 MGH Institute of Health Professions, Orthopedic residency 2010 APTA Board Certified Orthopedic Clinical Specialist, since 2012 APTA Certified Clinical Instructor Lab instructor at MGH IHP Adjunct Faculty at Plymouth State University
Specialties	Sports Medicine Spine Care Post-operative Care Pilates/Reformer Technique Mobilization (IMTS)Techniques Dry needling Kinesio taping