

Amy Cercone, MSPT, ATC

Physical Therapist



My goal as a physical therapist is to improve quality of life by looking at the whole person and providing the most appropriate treatment using a combination of exercise and manual techniques to address the specific functional needs of each individual, while establishing a personal connection with each patient.

Education: Undergraduate: BS in Human Movement, Sacred Heart University in 2001
Graduate: MS in Physical Therapy Sacred Heart University in 2005
Athletic Training Certification in 2002

Specialties: Orthopedic conditions
Core stabilization
Posture education
Thoracic spine mobilization and manipulation
Muscle energy techniques
Soft tissue mobilization
Functional exercise prescription
Sports specific rehabilitation