

Michelle Desjardins, MS, OTR/L, CBIS

Occupational Therapist



Over the past 14 years, Michelle has worked in a variety of Pediatric Occupational Therapy settings including outpatient rehabilitation and private school-based practice. She was excited to join the Pediatric Rehabilitation team in the winter of 2018. Michelle has attended many continuing education classes to expand her skills in the areas of Sensory Integration, Pediatric Upper Extremity Rehabilitation, Feeding, and Trauma-Informed Care. She has worked as an Adjunct Clinical Professor at the University of New England and the University of New Hampshire and enjoys mentoring OT students. In her spare time, Michelle enjoys spending time by the ocean and travelling with her husband and two daughters.

Education: University of New England, BS Health Sciences-Occupational Therapy, 2003
University of New England, MS in Occupational Therapy, 2004

Location: Pediatric Rehabilitation at the Epping Regional Health Center
212 Calef Highway, Epping, NH 03042

Specialties: Ayres Sensory Integration® Certified
Certified Brain Injury Specialist, Brain Injury Association of America
The Zones of Regulation®
Feeding-AEIOU Approach®
Graston Technique® Certified
Trauma-Informed Yoga for Children-Child Light Yoga
Certified AOTA Fieldwork Educator
NBCOT Certified