Tyler Shepherd MS OTR/L

Occupational Therapist



Tyler joined the Exeter Hospital Occupational Therapy team in early 2022. She works primarily in outpatient hand and upper extremity rehabilitation. Her interests range from preventative wellness services and upper extremity traumatic and non-traumatic injury to ergonomics and hippotherapy. In her time away from the clinic she teaches horseback riding lessons, gardens, sings and plays music, and spends time with her family.

EducationHusson University Master of Science in Occupational Therapy '21
Level II Fieldwork Dartmouth Hitchcock Hand and Upper Extremity '21SpecialtiesHand and Upper Extremity Injuries
2021 Physical Agent Modalities Certification