

Parents and Crawler/Toddler Group

2018 Schedule

The Family Center's Parent and Crawler/Toddler Group meets every Monday of every month from 9:30 AM – 10:45 AM in the Family Center Conference Room located on the 3rd floor of the hospital.

The groups are FREE and no registration is necessary. Children from 9 months to 30 months are welcome to attend.

For more information please call the Information & Referral Center at 580-6668.



Are you finding your crawler and/or toddler endearing, yet very challenging to parent? Would you like to survive and enjoy this special stage of childhood? If so, come join the Parent and Crawler/Toddler Group that meets on Mondays from 9:30-10:45am in the Family Center Conference room. Led by a Family Center nurse, who is also an experienced parent, the session includes a scheduled topic with time for discussion, questions, and socialization for both you and your crawler/toddler (ages 9 months through 30 months).

Fall / Winter 2018

- Sep 10: "I'm Scared!" Responding to Your Toddler's Fears
(<https://www.zerotothree.org/resources/234-i-m-scared-responding-to-your-toddlers-fears>)
- Sep 17 & 24: NO GROUP TODAY
- Oct 1: How to Promote Fine Motor Development in Toddlers
- Oct 8: NO GROUP TODAY
- Oct 15: Concerned About Your Toddler's Speech? Discuss Language Development & Red Flags
- Oct 22: Caring For Your Toddler's Teeth.
- Oct 29: The Picky Eater and Other Toddler Nutrition Issues. Bring Your Toddler in His/Her Halloween Costume!
- Nov 5: Addressing Gross Motor Developmental Milestones and Red Flags
- Nov 12: Let's Discuss "Doctor's Order: Let Children Just Play"
(https://www.bakersfield.com/ap/national/doctor-s-orders-let-children-just-play/article_2feb1c29-26c9-5d7b-ae2c-2318a24a8d4f.html)
- Nov 19: Traveling With Toddlers by Land and by Air
- Nov 26: Holiday Safety and Favorite Toys and Books
- Dec 3: Discussion About Screen Time and Technology Use
- Dec 10: NO GROUP TODAY
- Dec 17: Help! My Toddler Can't Play Without Me!
- Dec 24 & 31: NO GROUP TODAY DUE TO HOLIDAYS

**In case of inclement weather, groups will be cancelled if school is cancelled for SAU 16. When in doubt, please call 580-6668.*