Our accomplished team of physicians, therapists and athletic trainers have unique and diverse backgrounds, lending to extensive sports expertise.

– Joseph Bernard, DO, is board certified in sports medicine and is a credentialed ImPACT consultant. He is also a team physician for the University of New Hampshire and has extensive expertise in concussion management.

– A. Neil Clerk, MD, fellowship trained orthopedic surgeon, provides diagnostic, surgical and therapeutic services for patients. He is certified as a US Ski Team physician and his subspecialty is sports medicine and shoulder reconstruction.

– Aaron Colman, MD, fellowship trained foot and ankle orthopedic surgeon, is a tri-athlete competitor who can provide guidance for a wide range of sports including running, cross-country skiing and training techniques for athletes.

– Richard Feeney, DO, is fellowship trained in pain medicine with additional training in complementary and alternative medicine. He has personal and professional interest in the care of endurance athletes, including runners, swimmers and cyclists.

– Roger Nowak, MD, is director of sports medicine. He is a fellowship trained orthopedic surgeon-sports medicine and has treated members of the National Football League and the National Hockey League.

– Jessica Peelman, MD, fellowship trained orthopedic surgeon, specializes in non-operative and operative treatment of conditions affecting the hand and upper extremity.

– Mark Reeder, MD, sports medicine specialist, currently coaches football and is a tri-athlete competitor. He has extensive expertise in concussion management.

– Ashton Stanton, MD, interventional physiatrist, fellowship trained-interventional spine and sports medicine, is a competitive athlete and has been involved with professional sports team coverage.

– Taylor Brown, ATC, is the rehab support coordinator at Exeter Hospital and the athletic trainer for Sanborn High School. She is also a per diem athletic trainer with Seacoast United and leads adult group exercise classes at the Epping Regional Health Center.

– Kim Carpenter, MPT, ATC, CSCS, is a senior physical therapist specializing in sports medicine, strength and conditioning, and the Norwegian approach to manual therapy. She is the dedicated athletic trainer for Seacoast United.

– Taylor Chase, BS, CSCS, is an Athletic Performance Specialist and a level IV ice hockey coach through USA Hockey. A three-time Paralympic medalist, Taylor played on the United States Paralympic Sled Hockey team for ten years and was named 2010 Paralympic SportsMan of the year by the United States Olympic Committee.

– Tomislav Rogic, DPT, ATC, is a physical therapist and athletic trainer who focuses on treating sports medicine and orthopedic injuries using various manual techniques and specific exercise. He also provides additional medical coverage for Seacoast United athletic events.

– Dawn Szelog, DPT, ATC, CSCS, is a physical therapist and athletic trainer with a background in strength and conditioning who treats sports related/orthopedic injuries utilizing manual techniques, graston and corrective exercises. She also provides athletic training coverage for Seacoast United and Loco road races throughout the year.

– Matt Szelog, ATC, CSCS, CES, is the sports performance coordinator for the Athletic Performance Center of Exeter Hospital. He specializes in sports performance training, functional movement assessments and corrective exercise techniques.
SERVICES PROVIDED

Sports concussion management:
- Concussion education for players, coaches, parents and school staff
- Base line testing with ImPACT
- Post-concussion evaluation
- Return-to-play decision support

Consultative services:
- Team physician available onsite and/or through convenient and flexible office hours
- Certified athletic trainers
- Training room and game coverage onsite
- Team and individual strength and conditioning programs
- Nutrition
- Sports injury prevention, management and treatment education programs for parents, coaches and athletes

Some of our physicians and therapists provide support and athletic training through an exclusive partnership with Seacoast United. In addition our team provides medical coverage for all Loco Running Marathons.

CONTACT INFORMATION

To schedule an appointment with one of our specialists, please call:

Athletic Performance Center of Exeter Hospital
at The Rim Sports Complex at The Rinks at Exeter
311 Winnacunnet Road 40 Industrial Drive
Hampton, NH 03842 Exeter, NH 03833
603-601-7761 603-583-5042
exeterhospital.com

Core Physicians/Core Orthopedics/Core Physiatry-Sports Medicine
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Locations: Exeter, Hampton, Plaistow, Raymond
603-778-7975
corephysicians.org

Exeter Hospital Physical and Occupational Therapy Services
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Locations: Epping, Exeter, Hampton, Kingston, Newmarket, Plaistow, Portsmouth, Raymond
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Your Certified Athletic Trainers:
Taylor Brown, ATC  Dawn Szelog, DPT, ATC, CSCS
603-580-6548  603-778-6548
Kim Carpenter, MPT, ATC, CSCS  Matt Szelog, ATC, CSCS, CES
603-778-6548  603-778-6548
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