



Child Development

0 – 6 Months

0-3 months

- Lifts head up when lying on stomach
- Starts to roll to one side
- Reaches for and grasps objects
- When lying on back eyes move together, eyes do not cross as much allowing for visual focus
- Able to look at a person momentarily
- Able to form a tight seal around nipple and suck
- Smiles when talked to
- Cries and Coos

Things to watch for:

- Child has difficulty lifting his/her head
- Child's legs are stiff with little or no movement
- Child pushes back with head when lying on his/her back
- Child keeps hands fisted and lacks movement of arms

3-6 months

- Rolls from back to front and front to back
- Able to sit supported and keep head steady by the end of the third month
- Bounces on legs with trunk movements
- Brings objects to mouth
- Able to eat soft foods
- Watches and follows a moving person with his/her eyes
- Begins to laugh
- Eyes and head turn towards sound
- Vocalizes when talked to/babbles

Things to watch for:

- Child has a rounded back when placed or held in sitting position
- Child is unable to lift head up
- Child has poor head control
- Child has difficulty bringing arms forward to reach out
- Child arches back and stiffens legs
- Child holds arms back and stiffens legs when placed in standing

References:

- Child Development
- Pathways Awareness Foundation www.pathwaysawareness.org

