SUICIDE PREVENTION INITIATIVE

FOR COMPLETE GRANT INFORMATION REFER TO OUR COMMUNITY IMPACT PROGRAM FACT SHEET.



Exeter Health Resources has committed to reduce the rate of suicide in our communities. As a health system, we have endorsed the Zero Suicide Framework and will host a two-day training session in November 2017 for health organizations across the state. The foundational belief of Zero Suicide is that suicide deaths for individuals under care are preventable. The other main component of the suicide prevention initiative is a four-year grant cycle for community organizations that address the root causes of youth suicide within Rockingham County. Our 2017 grantees are outlined below.

Arts in Reach

The mission of Arts In Reach is to empower teenage girls through mentoring and the arts. Exeter Hospital will fund asset-based mentoring and arts programming for at-risk teenage girls that address and prevent some of the underlying causes of youth suicide.

Austin17House

Founded in 2017, Austin17House is a new community teen center in Brentwood. Exeter Hospital provided funding to establish an afterschool and tutoring program for teens, and to expand capacity through increased drop-in hours.

Big Brothers Big Sisters of New Hampshire

Exeter Hospital invested in Big Brothers Big Sisters to match 50 new Rockingham County youth, advancing the number served to 200. With rising poverty rates and a growing opioid crisis hitting families of all income levels, many youth lack the consistent support of caring adults. A supportive mentor can turn the tide.

The Carriage Barn Equestrian Center

The Carriage Barn's grant from Exeter Hospital will fund an inclusionary and supportive hippotherapy program where 40 adolescents will receive professional instruction in horsemanship and learn how to assist with therapeutic riding and carriage-driving lessons.

Chase Home for Children in partnership with Seacoast Outright and New Heights Funding from Exeter Hospital enables New Heights, The Chase Home for Children and Seacoast Outright to form the Seacoast Youth Suicide Prevention Network (SYSPN). The organizations will cross train and provide a portion of their core services to 150 youth in the first year of SYSPN's existence.





Connor's Climb Foundation

With funding from Exeter Hospital, Connor's Climb Foundation will host the second statewide training to educate 30 community members to lead the Signs of Suicide (SOS) program in schools and communities across the state. Exeter Hospital is also the main sponsor of their annual Connor's Climb 5K and Family Walk.

Exeter Area YMCA

Exeter Hospital awarded the Southern District YMCA a one-time capital grant to support the construction of a black box theater in their Odyssey Teen Center, and additional funding to support outreach efforts to expand access for low-income teenagers to use the YMCA.

Gather (formerly Seacoast Family Food Pantry)

Gather's Meals for Kids provides fresh ingredients for healthy meals weekly during school vacations and summer months. Exeter Hospital will underwrite the expansion of this program to include vouchers for Seacoast Eat Local's new mobile farmers' market van, which will be available to the community at the Seabrook Recreation Center.

Girls on the Run New Hampshire

Exeter Hospital granted long-time community partner Girls on the Run scholarship funds to enroll 150 girls in their ten-week program. Girls in 3rd-8th grade develop essential skills to navigate their worlds and establish a lifetime appreciation for health and fitness. The program culminates with a celebratory, non-competitive 5K event.

HAVEN

With support from Exeter Hospital, HAVEN will increase the capacity of their Safe Kids Strong Teens program by adding a fourth educator position, reaching an additional 500 students, and pilot a program focused on suicide prevention and the links between bullying and violence.

Raymond Coalition for Youth

Raymond Coalition for Youth empowers the community to promote positive youth development, and to reduce youth substance use and suicide risk. Funding from Exeter Hospital will support several community presentations on risks and protective factors, as well as suicide prevention training using the Connect model.

Seacoast Public Health Network

In partnership with Exeter Hospital, the KEY Program's #AreUin? Card will streamline the eligibility process for youth sports scholarships offered to students in the SAU 16 community. Students who qualify for the Free and Reduced Lunch program will be eligible for the #AreUin? Card, which eliminates the need for program partners to verify income, significantly reducing barriers to participation.

For more information, visit exeterhospital.com or contact Jenn McGowan at jmcgowan@ehr.org or 603-580-7647.





