



2020 Exeter Hospital Grant Distribution

Quarter 1
(October 1-December 31, 2019)



EXETER HOSPITAL

an exeter health resource

| The Art of Wellness

Exeter Hospital provides Community Impact Grants to non-profit organizations that support the areas of greatest need in our communities. These priorities were identified through the 2016 Community Health Needs Assessment, which can be reviewed at exeterhospital.com.

THE 2019 PRIORITY AREAS



Substance Use Disorder



Mental Health Services



Youth Suicide Prevention



Access to Health Care



Transportation



Elder Care & Support Services



**Affordable Housing/
Homelessness**



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Quarter 1 Awards (October 1-December 31, 2019)

The following awards meet one of the Priority Areas outlined on page 2, or impact Social Drivers of Health defined as: conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.” (Healthy People 2020)

Large Grants

Lamprey Health Care (Healthcare Access)

This award is intended to increase Lamprey’s sustainability so that under and uninsured community members continue to receive high quality health care in the area.

Small Grants

Annie’s Angels Memorial Fund (Healthcare Access)

Annie’s Angels helps local families who are struggling through a life-threatening disease, illness or disability. The organization provides one-time grants, fiscal sponsorship and innovative programs to assist neighbors at their time of need. Exeter Hospital funds will be used to continue the organization’s mission to provide one-time grants, fiscal sponsorship and innovative programs to local families.

The Children’s Museum of New Hampshire (Social Drivers of Health)

Books Alive/Story Explorers is a cornerstone of the Museum’s early literacy programming efforts, and a beloved community program. This multi-faceted program reaches children between ages three to five, and builds early childhood reading skills, fosters family reading and shared learning experiences. Story Explorers visits Head Start programs and Title 1 Schools with storybook characters in Portsmouth, Hampton, Seabrook, Rochester and Dover.

Community Toolbox (Housing)

Community Toolbox is a local nonprofit that believes everyone deserves to live in a safe and healthy home. They are 100% volunteer run and have completed 185 projects since their founding in 2013. They utilize volunteer labor to run the Fix-It program which provides small but critical home repairs for our neighbors in need (such as senior citizens, veterans and people with disabilities) to provide them with the basic dignities of safety, health and accessibility.

End 68 Hours of Hunger (Social Drivers of Health)

The goal of End 68 Hours of Hunger is to put nourishing food directly in the hands of local children who are food insecure to help support them through the weekends and school vacations. They accomplish this with the help of dedicated volunteers who help pack and deliver the backpacks every week. The funds will be used to purchase food for SAU 16 students in the program.



Exeter Area YMCA (Healthy Lifestyles)

Exeter Area YMCA provides opportunities for youth development, healthy living and social responsibility in the southern New Hampshire community. Funds will be used to pilot a new program called Prescribe the Y. The program will provide FREE use of the Y and additional programming to youth and adults from the ages of 6 - 64 who are reported to have high BMI's, at risk for obesity, or other related conditions. This includes access to personal trainers, healthy eating classes, and more. Participants will be referred from physicians, nurses, caregivers, social workers, etc.

Exeter Parks and Recreation (Needs of Seniors)

There is a well-documented need for programming for seniors, and Exeter Parks and Recreation has stepped up to help meet this need by providing programming to adults over 55. Funds will support senior crafting at 277 Water Street, a new Men's Social Group with free bowling, Aqua Zuma, and a Senior Walking Group (twice weekly at the Exeter YMCA).

New Generation (Housing)

New Generation provides a safe, family-oriented shelter for homeless pregnant women, and mothers with babies and children, helping to prepare and empower them to be successful in life. Funds will be used to support families as they move from homelessness to permanent homes. Strong case management is a critical component in finding housing in an area with less than 2% vacancy rate.

Plaistow Community YMCA (Youth Suicide Prevention)

The Plaistow Community YMCA empowers young people to succeed in life by helping them develop leadership skills. Funds will be used to expand teen nights. This program, through positive activities for youth, will address key community concerns such as youth suicide prevention and mental health care access. The program will serve at least 40 youth weekly.

Seacoast Family Promise (Housing)

The mission of Seacoast Family Promise is to empower families with children experiencing homelessness to achieve sustainable independence through a community-based approach. Funds will be used for the Strengthening Outcomes Program to help families rebuild their lives and return to the community with dignity and a sense of purpose.

Seacoast Soul Models (Youth Suicide Prevention)

Soul Models empowers girls to discover their authentic selves as they become mindful, confident, creative and engaged leaders. Funds will support a 10 week afterschool program in partnership with local middle schools.

Waypoint (Youth Suicide Prevention)

A high number of runaway, homeless & street youth on the Seacoast of NH struggle with family, personal and economic challenges. On the street they are at risk of sexual abuse, exploitation and severe forms of trafficking. Funding will support the Street Outreach Program using a trauma-informed approach to support area youth.

Sponsorship

***events may take place before or after Q1 2020**

■ **Annie's Angels Memorial Fund Heavenly Ball (Healthcare Access)**

March 14, 2020, Ashworth by the Sea, Hampton, NH

Funds help local families struggling financially through a life threatening disease, illness or disability.

■ **Big Brothers Big Sisters of NH Big Bash (Youth Suicide Prevention)**

September 29, 2019, Pease Airport Hanger, Portsmouth

Funds support youth mentoring in NH.

■ **Chase Home for Children Fundraiser (Youth Suicide Prevention)**

November 13, 2019, Atlantic Grill, Rye, NH

Proceeds will support services for at-risk youth and their families.

■ **Community Children's Fund Festival of Trees (Social Drivers of Health)**

December 5, 2019, Exeter Town Hall, Exeter, NH

Funds support warm clothing and bedding for local families in need.

■ **Equality Health Center 4th Annual Amethyst Fundraiser (Healthcare Access)**

November 2, 2019

Supports the LGBTQ community and those needing behavioral and reproductive services, especially the underinsured and uninsured.

■ **Exeter Rotary Club (Social Drivers of Health)**

December 6, 2019, Exeter Inn, Exeter, NH

Proceeds from the event will further Exeter Rotary's many community projects and support of local non-profits whose work benefits those who live and work in the Exeter area.

■ **Families First Seacoast Calendar 2020 (Healthcare Access)**

Funds raised ensure that affordable health care and family support will always be available in our community.

■ **HAVEN Ending Violence Changing Lives (Social Drivers of Health)**

October 16, 2019, Portsmouth Harbor Events Center, Portsmouth, NH

Supports critical services and programs that help end domestic and sexual violence and ultimately make our community a safer and healthier place to live.

■ **Home Care, Hospice & Palliative Care Alliance of NH Conference (Needs of Seniors)**

November 21, 2019

Supports providers who are committed to delivering high quality health services to individuals and families primarily in their places of residence—to promote, maintain or restore health and wellbeing and minimize the effects of illness and/or disability from birth through end of life.

■ **Hospice Help Foundation (Needs of Seniors)**

November 1, 2019, Atlantic Grill Rye, NH

Day of the Dead Community Memorial service features a communal toast in remembrance of family members and friends who have died and commemorate them with a moment of silence. All proceeds benefit Portsmouth, NH-based Hospice Help Foundation, which provides critically needed support to hospice patients of all ages and from all backgrounds who live below the poverty level.

■ **Jason R. Flood Memorial Pizzastock (Youth Suicide Prevention)**

December 29, 2019, Tupelo Music Hall, Derry, NH

Pizzastock was launched in 2017 as a way for the Flood family to connect with local youth and honor the memory of Jason Flood. Funds benefit the Greater Derry Boys and Girls Club.

■ **Leadership Seacoast (Social Drivers of Health)**

Program sponsor of Healthcare Day and annual networking event.

■ **NH Children's Trust NH Fiddle Ensemble (Social Drivers of Health)**

April 18, 2020, Exeter Town Hall, Exeter, NH

Concert will benefit the efforts of NH Children's Trust whose mission is child abuse prevention.

■ **Raymond Coalition for Youth, Youth Prevention Summit (Substance Use Disorder)**

October 4, 2019, Candia Woods Golf Course, Candia, NH

Speakers, networking and awards for youth prevention.

■ **Seacoast Eat Local, Seacoast Harvest Local Food Guide & Winter Market Sponsor (Social Drivers of Health)**

Seacoast Harvest, updated and published annually, is a free resource for finding locally grown food in Rockingham, Strafford, and York counties in NH & ME. It includes farms, farm stands, CSAs and farmers' markets as well as an in-season calendar.

■ **SOS Recovery Center (Substance Use Disorder)**

April 10, 2019, Ashworth by the Sea, Hampton, NH

New England's Premier Peer Recovery Conference. This is a 2 day conference with national keynotes and breakouts exploring the latest in peer addiction recovery support services.

■ **Strawbery Banke (Social Drivers of Health)**

Annual sponsorship to support multiple community events, and free passes for community nonprofit partners to give to low-income community members (e.g. Arts in Reach, Cross Roads House, New Generation, and Seacoast Family Promise).

■ **United Way Purses for a Purpose (Social Drivers of Health)**

November 7, 2019 Portsmouth Harbor Events Center, Portsmouth, NH

This event raises funds and awareness for United Way's work in the Greater Seacoast region.

■ **Womenade of Greater Squamscott (Social Drivers of Health)**

Holiday House Tour, December 8, Exeter, NH

The funds raised from this event are used to provide essentials like food, housing assistance, utilities, medications, dental care, clothing, children's school supplies, car repairs and appliances to those in need.