You Made All the Difference

This past year, over 500 individuals generously donated or volunteered with Rockingham Visiting Nurse Association (VNA) & Hospice to help support compassionate, high-quality home health services for people in our community.

You are one of those caring people, and we simply cannot thank you enough. Rockingham VNA & Hospice is a non-profit, community-based home health agency. Your contribution helped our staff serve 3,751 Homecare

patients and 492 Hospice patients, as well as provide community clinics and educational programs.



Below is a summary of Rockingham VNA & Hospice's impact on the health of our community. **Thank you so much for your generous support and for making a difference for Homecare and Hospice patients and their families.**

Homecare and Hospice Care By the Numbers*



Total miles traveled by staff 836,400



110,242 Patient visits by skilled nurses, therapists, specialists and LNAs



Total number of patients who received care 4,243



1,865 Hospice volunteer hours provided by dedicated volunteers, who complete our 8-week training program



Extraordinary care is provided by our 180 staff members



41 Communities served

* 2017 data

Our Mission: Improve the health of the community by providing patient-centered health care services in the home that promote well-being and independence.

More than 100 years ago, Rockingham VNA & Hospice was born out of the traditional values of neighbors helping neighbors. Patients are cared for in a variety of settings where they live—within the home, skilled facilities, assisted living and homeless shelters. **We are here for the community 24 hours a day, each and every day.**

"Thank you so much for all your gentle care and kindness over the past several months. I cannot express how much that meant to my mother, myself and my family. I had many times that I did not know if I had the inner strength to go on and then you all would come and I would feel supported and at ease knowing my mother was so well cared for."

- Grateful family member of a Rockingham VNA & Hospice patient



Dot and Joanie, More than just Personal Care

In July, Dorothy "Dot" Stone received ninety-nine birthday cards from family and friends, including the Derry Police Department and the Chester Fire Department, to celebrate her milestone 99th birthday. Dot, a Hospice patient, moved into a skilled nursing facility in 2017 and that is where she met Joanie Sullivan of RVNA & Hospice, an LNA for 13 years. Dot and Joanie share a special friendship, a zest for life and a warm sense of humor that sparkles in their eyes when they smile.

Dot's late husband Robert Stone opened America's Stonehenge, located in North Salem, NH, to the public in 1958. Dot recalls hosting many famous archeologists in their home over the years.

Joanie provides care for Dot five times a week. She helped Dot decorate her room at the nursing facility with treasured family photos and a sunny windowsill full of plants. **Dot has a lifelong love**



Dot (on right) and Joanie Sullivan, LNA (left) enjoy time together outside.

"Joanie is outstanding. She's always smiling and knows just what to do."

Dot Stone, Rockingham VNA & Hospice patient

of gardening, and continues to tend plants with Joanie's assistance. She enjoys giving cuttings to friends and staff at Pleasant Valley. Her window overlooks an outdoor patio with a tree adorned with bird feeders and blooming flowerpots.

Dot thinks Joanie is exceptional and should teach all caregivers how to provide personal care. Spend some time with Joanie, and this is no surprise. Joanie believes that providing personal care to Hospice patients is her calling and a gift. She realizes that Hospice patients have often lost control over their lives and bodies, and have limited decision-making ability. Joanie takes the time to sit and listen to each patient. For Joanie and Dot, their time together is more than just personal care.

Staff Give Back to Patients in Need

Rockingham VNA & Hospice staff members embody the organization's Foundation Principles for Care, which spell out "We Care". The We Care fund was created by staff who saw the direct needs of their patients and wanted to help. Each year, generous employee donations support special requests, wishes and important needs of patients and their loved ones that are not covered by other financial aid.



"I am thrilled and truly blessed. I would not have had a Thanksgiving otherwise."

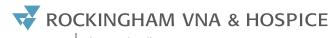
 Rebecca, thankful recipient of a Thanksgiving basket



We held a **Volunteer Appreciation Breakfast** in May to thank our amazing volunteers who give so much of their time and dedication to support our patients and their families. This year our volunteers were joined by Exeter Hospital volunteers.

Did you know?

The **Parkman Memorial Giving Society** was established in 2016 in recognition of a \$100,000 gift made to Rockingham VNA & Hospice in memory of Ted and Gertrude "Floyd" Parkman by Floyd's family. Floyd's last wishes included a gift to Hospice care in appreciation of the exceptional care Ted received, which allowed them to remain together at home in his final weeks. All memorial gifts made to Rockingham VNA & Hospice are individually recognized within this society. To view this listing in our annual report, please go to: www.rockinghamvna.org.



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For questions, feedback or ways to get involved, please contact Erika Spiegel-Sanborn at 603-580-6433 or esanborn@ehr.org.

Thank you for helping us provide care, hope and

compassion to those who need it most!