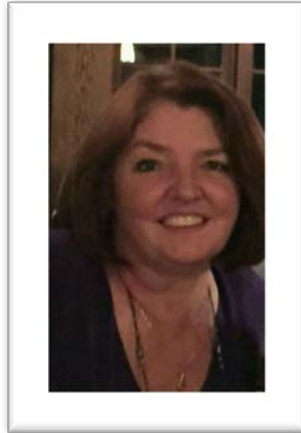


Patricia M Blyth, PTA

Physical Therapy Assistant



Pattie has been a Physical Therapy Assistant since October 2002. She has focused her career in Outpatient Orthopedic PT and also has 10 years of experience in geriatric care. She has treated a wide variety of musculoskeletal and arthrokinematic injuries. She has advanced training in McKenzie protocols for cervical, thoracic and lumbar spine. She also has advanced training in Pilates Reformer I amt Mat I for lumbar/core stabilization. She is certified in the Graston Technique I for myofascial dysfunction and recently completed courses in Exercises for the frail and elderly. Outside of work she enjoys skiing, hiking, biking and golf.

Education Associate of Science in Physical Therapy Assistant
New Hampshire Community College
Claremont, NH 2002

Bachelor of Science in Business Administration
Fitchburg State College
Fitchburg, MA 1986

Specialties Body Mechanics for Back injuries
McKenzie Protocol for Cervical, Thoracic and Lumbar Spine
Pilates Lumbar and Core Stabilization
Graston Technique for Myofascial Dysfunction
Sacroiliac Joint Dysfunction
Aquatics
Pulmonary Rehab
Athletic Taping and Bracing Techniques
Thoracic Mobilization and Rehab