

# Lauren Carey MS, OTR/L, PBP

Occupational Therapist



Lauren received her Master of Science degree in Occupational Therapy from the University of New Hampshire in 2012. After graduation, she joined the Pediatric Rehabilitation Department of Exeter Hospital. She has experience working with children in the outpatient clinic, school, and pre-school settings. She is passionate about working with children of all ages to help each child develop the skills they need to maximize functional independence and participation in all of their “occupations.” Lauren is also a certified Bowenwork practitioner, she uses a holistic approach to promote healing and wellness in her patients in order to achieve functional outcomes such as play, sleep, feeding, and ADLs. Lauren continues to expand her knowledge and clinical skills through attending continuing education courses. When not at work, Lauren enjoys spending time with her husband and 2 young boys, going to the gym, and cooking.

Education	University of New Hampshire-M.S. Occupational Therapy 2012 University of New England- B.S. Dental Hygiene 2007  American Bowen Academy- Certified Bowenwork Practitioner (2019)
Location	Pediatric Rehabilitation at the Epping Regional Health Center 212 Calef Highway Epping, NH 03042
Specialties	Pediatrics Professional Bowenwork Practitioner – Certified Infant Colic Concussion Management Sensory integration

Reflex integration  
Certified Interactive Metronome®  
Kinesiotaping  
Handwriting Without Tears  
NBCOT certified