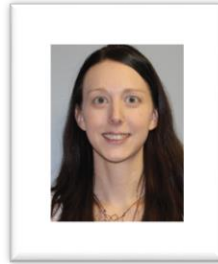


# Kim Carpenter PT, ATC, CSCS

Physical Therapist



Kim received her Bachelor's degree in Sports Medicine/Athletic training from the University of Southern Maine in 2002. She went on to get her Master's degree in Physical Therapy from the University of South Florida in 2006. A few years later she underwent a yearlong training program at the Institute of Manual Therapy in Massachusetts, which heavily shaped how Kim still treats today. Over her years at Exeter Hospital, Kim has sat as a member of the multi-disciplinary spine team and sports medicine team, become a Senior PT in her department, and has recently helped to start a multi-disciplinary concussion program at the hospital. Kim has also worked over 10 yrs as the athletic trainer with Seacoast United, providing game and tournament coverage, injury screenings, strength & conditioning programs and injury prevention lectures through Exeter Hospital. Kim is passionate about educating her patients and feels that getting a patient invested in their own rehab process means getting them to understand the "why" behind what she is doing with them. She strives to help patients achieve their goals, and tries to give them the tools to help prevent injury/difficulties in the future. She has particular interests in sports and orthopedic injuries as well as manual therapy; and believes in providing each patient with individualized care in a one on one environment. Kim enjoys treating patients of all ages and looks forward to helping all her clients meet their goals.

Education      University of South Florida, *MS, Physical Therapy, 2006*  
University of Southern Maine, *BS, Athletic Training, 2002*  
NSCA Certified Strength and Conditioning Specialist since 2003  
Completed the Institute of Manual Therapy (IOMT). Level I 2009

Location        Exeter Hospital Sport and Physical Therapy in Hampton  
311 Winnacunnet Rd Hampton, NH 03842

Specialties     Sports Medicine  
Spine Care  
Post-operative Care  
Graston Technique  
Strength and Conditioning

