

Peggy Marko, PT

Physical Therapist



Peg has specialized in the area of women's health for over 20 years, with an interest in manual therapy, biofeedback and education. She is also a certified health coach, and enjoys working alongside individuals and providing tools they can use to take charge of their health. Outside of work, she enjoys spending time with the family, hiking, bike riding, kayaking, and permaculture gardening.

Education University of Connecticut, BS in Allied health
Albertus Magnus College, BA in Psychology
Level I and II Certificate of Achievement in Pelvic Physical Therapy, (CAPP)
National Society of Health Coaches, Certified Health Coach

Specialties Women's Health
Pelvic Floor
Oncology
Lymphedema
Biofeedback
Neuromuscular Reeducation
Myofascial Release