

Joana Ingram, MPT

Physical Therapist



Joana has been a Physical Therapist at Exeter Hospital since September of 2013. She has been in outpatient rehabilitation since 2001, treating numerous orthopedic injuries, neurological disorders, lymphedema, amputees, and performing functional capacity evaluations and work conditioning. She enjoys outdoor sports, particularly soccer and tennis. She enjoys spending time with her family and coaching soccer.

Education American International College – 2000 Bachelors of Science
American International College – 2001 Masters of Physical Therapy

Specialties Outpatient orthopedics, including pre/post-operative injuries.
Manual therapy for soft tissue and joint mobilization.
Core stabilization for lumbar spine.
Work conditioning.
Fluent in Portuguese.