



BREAST CANCER

The Center for Cancer Care at Exeter Hospital is dedicated to the early detection of breast cancer and committed to offering women a comprehensive and caring approach to breast health. Our partnership with Massachusetts General Hospital brings leading radiation and medical oncologists from their nationally recognized Cancer Center to work together with specialized surgeons at Exeter Hospital. This collaborative relationship allows us to offer state-of-the-art services.

MULTIDISCIPLINARY BREAST CANCER CLINICS

When patients are first diagnosed, they attend our unique multidisciplinary breast cancer clinic. The clinic provides a personalized evaluation from a collaborative team of experts in cancer care who meet together with each patient in one afternoon and collectively give an opinion for the best course of treatment for the patient's individual diagnosis.

NURSE NAVIGATOR

Our nurse navigator will help you understand your diagnosis and treatment options, help coordinate appointments and provide information on support resources.

TREATMENT OPTIONS

Medical Oncology/Hematology – This team of physicians specializes in the treatment of cancer with medicines such as chemotherapy and immunotherapy.

Radiation Oncology – These physicians oversee the care of each cancer patient undergoing radiation treatment. Some of the innovative treatments available to breast cancer patients include:

- **External Beam Treatment** – This radiation treatment is delivered daily for several weeks on a state-of-the-art linear accelerator.
- **Intraoperative Radiation Therapy (IORT)** – Exeter Hospital was the first hospital in New Hampshire to offer IORT, which is a single high dose of radiation to the tumor bed administered during a lumpectomy. This replaces the current standard procedure of five to seven weeks of whole breast radiation and minimizes radiation exposure to healthy tissue and organs.

Surgical Oncology – Most patients require surgery as a critical component of cancer care. Our general surgeons are highly skilled at breast surgery and are part of the multidisciplinary team.

SPECIAL SERVICES

Genetic Testing (*affiliated with the MGH genetics program*) – Your doctor will decide if you are a candidate for genetic testing based on your personal risk factors.

Clinical Trials Program – Through MGH, patients have access to new medications, giving patients access to innovative treatments while advancing cancer knowledge.

Personalized Care:

- Nutrition counseling
- Physical therapy
- Therapeutic massage
- Financial counseling
- Rehab and Wellfit exercise program
- Support services and support groups

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