

## FREQUENTLY ASKED QUESTIONS

- Q** Will my insurance company cover Diabetes Education/Training?
- A** Most insurers and health plans cover individual and group Diabetes Self Management Education/ Training and/or Medical Nutrition Therapy.
- Q** Who can be referred to the center?
- A** Any patient with a diagnosis of Diabetes, Gestational Diabetes or Pre-Diabetes.
- Q** How can I make an appointment?
- A** Once a physician referral is obtained, please call centralized scheduling at 888-239-3837 to make an appointment. Referrals can be faxed to 603-926-9132.
- Q** Where are you located?
- A** HealthReach Diabetes, Endocrine & Nutrition Center is conveniently located in Hampton next to Hampton Health and Core Endocrinology. Additional sites are located on the Exeter Hospital Campus and at 24 Plaistow Road, Plaistow, NH.

If you have any questions please contact the HealthReach Diabetes, Endocrine & Nutrition Center at 603-926-9131.



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## HEALTHREACH DIABETES, ENDOCRINE & NUTRITION CENTER

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### HealthReach Diabetes, Endocrine & Nutrition Center

881 Lafayette Road, Suites G & H  
Hampton, NH 03842  
603-926-9131

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*The HealthReach Diabetes, Endocrine & Nutrition Center of Exeter Hospital is committed to helping individuals with diabetes live healthier lives. Whether you or a loved one have been newly diagnosed or have been living with diabetes for a long time, the center offers the support and services you need. The HealthReach Diabetes Endocrine & Nutrition Center has been Recognized by the American Diabetes Association for Quality Self Management Education.\**

*Our team of diabetes educators includes nurses and dietitians who help patients and those who support them live well with diabetes.*

## HEALTHREACH DIABETES SERVICES HELP INDIVIDUALS WHO:

- have difficulty managing diabetes.
- are newly diagnosed with diabetes.
- are interested in achieving better control of blood sugar levels.
- would like to avoid complications associated with diabetes.

## EDUCATION\* AND SERVICES

**Individual Education Program:** individual education with a certified nurse or dietitian specializing in diabetes management.

**Diabetes Group Education Classes:** a four week series that covers all stages of diabetes management.

### Specialized Education Programs:

- Gestational Diabetes
- Medical Nutrition Therapy
- Insulin Pump Therapy
- Continuous Glucose Monitoring

**Diabetes Support Groups:** offer special demonstrations and an opportunity to get tips and share support with others.

**Diabetes Fitness:** offered in partnership with Exeter Hospital Cardiac Rehabilitation/Wellness. For more information call 603-580-6149.

**Community Education:** HealthReach sponsors workshops and classes throughout the seacoast area. For more information call 603-580-6668.

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\*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education.