

## DIRECTIONS

The Center for Wound Healing is located within the Exeter Healthcare Building on the Exeter Hospital Campus.

### From Boston:

Take Route 95 North to New Hampshire. Take Exit 2 for Exeter/Manchester/Hampton Beach – Route 101. Take Route 101 West to Exit 11 marked Stratham/Newmarket. Turn left at lights at end of ramp onto Portsmouth Avenue/ Route 108 South. At 2nd set of lights turn left onto Alumni Drive to Exeter Hospital, Exeter Healthcare, Synergy and Perry Medical Building.

### From Portland:

Take Route 95 South to New Hampshire. Take Exit 2 for Exeter/Manchester/Hampton Beach – Route 101. Take Route 101 West to Exit 11 marked Stratham/Newmarket. Turn left at lights at end of ramp onto Portsmouth Avenue/Route 108 South. At 2nd set of lights turn left onto Alumni Drive to Exeter Hospital, Exeter Healthcare, Synergy and Perry Medical Building.

### From Manchester:

Take Route 101 East toward Portsmouth. Take Exit 11 marked Stratham/Newmarket/Portsmouth. Bear right at end of ramp onto Portsmouth Avenue/Route 108 South. At 2nd set of lights turn left onto Alumni Drive to Exeter Hospital, Exeter Healthcare, Synergy and Perry Medical Building.

### From Nashua Area:

Take 111 to downtown Exeter. At bandstand turn right onto Water Street. Go left at 1st set of lights onto Portsmouth Avenue/Route 108 North. At 2nd set of lights turn right onto Alumni Drive to Exeter Hospital, Exeter Healthcare, Synergy and Perry Medical Building.

### Parking

Parking is available in front of the Exeter Healthcare building. Patients may be dropped off under the carport – wheelchairs are available if needed.



## REFERRALS AND APPOINTMENTS

Patients are not required to have a physician referral to make any appointment with the wound center. If a referral is obtained, it may be faxed to 603-580-6919

To make an appointment call 603-580-6966  
or toll free 888-239-3837.

*Medicare and most major insurance companies are accepted.  
Contact your insurance carrier for specific coverage information.*

 **EXETER HOSPITAL**

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# CENTER FOR WOUND HEALING

 **EXETER HOSPITAL**

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*A comprehensive outpatient treatment approach that combines evidenced-based treatment techniques, patient education and support to maximize the wound healing process.*

Approximately 5 million Americans live with chronic non-healing wounds resulting from complications related to diabetes, pressure ulcers, circulatory problems and traumatic injuries. The impact of these wounds is significant on the normal daily life of these individuals. Without proper treatment these wounds can have serious complications.

### TEAM MEMBERS

The Center for Wound Healing brings together professionals specializing in the treatment of wounds.

These professionals include:

- Physicians
- Nurse staff specifically trained and certified in wound care
- Podiatrists

### TREATMENT PLAN

Individualized treatment plans will be designed following the evaluation of the wound.

The types of wounds treated include:

- Diabetic foot ulcers
- Venous ulcers
- Pressure ulcers
- Problem surgical wounds
- Skin tears
- Burns
- Ulcers due to poor circulation

A medical history and general health assessment will be completed to identify underlying disease factors that may impair the wound healing process. A blood test may be involved. Special tests may be recommended in order to provide information on the flow of the blood to the wound as well as to formulate the proper treatment plan.

Coordination of care:

- Conventional and advanced wound dressings
- Wound debridement
- Antibiotic therapy
- Education
- Nutritional counseling
- Advanced modalities
- Offloading devices
- Diabetic management
- Vascular/surgical/plastic ID/intervention