

# Adam Poor MS, OTR/L

Occupational Therapist



Adam joined the Exeter Hospital occupational therapy team in 2017. His primary focus is in outpatient hand and upper extremity rehab. Areas of interest are: Dupuytren's, tendon/nerve lacerations, arthritis, complex hand fractures and all traumatic hand injury. Outside of the clinic, Adam enjoys fishing, surfing, woodworking and spending time with his family.

Education            University of New Hampshire B.S., 2007  
                          University of New Hampshire M.S., 2008  
                          Level II fieldwork Stanford Hospitals and Clinics  
                          in hand and upper extremity 2008.

Specialties            Hand and Upper extremity injuries  
                          Graston Technique Certification  
                          Upper extremity dry needling certification  
                          Ergonomics  
                          Work conditioning